

**If you're serious about OSHA and safety training – and knowing all the benefits that come with it for you and your organization – this is the one course you can't afford to miss.**

The logo is a square with a dark red background and a white border. It contains the text 'OSHA SAFETY TRAINING' in large, bold, white, sans-serif capital letters. Below this, 'THE 30-HOUR COMPLIANCE COURSE' is written in a smaller, white, sans-serif font, with 'THE' and 'COMPLIANCE COURSE' on separate lines and '30-HOUR' in the middle.

**OSHA**  
**SAFETY TRAINING**  
THE 30-HOUR  
COMPLIANCE COURSE

**A 5-Day Course for Safety Professionals**

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**PROGRAM SCHEDULE**

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ENROLL ONLINE AT [www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com) OR CALL 1-800-258-7246.

# Your Complete **5-Day** Course Agenda

**Course Schedule: Monday – Thursday 8:30 a.m. - 4:30 p.m Friday only 8:30 a.m. - 3 p.m.**

## **DAY ONE**

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- Introduction to the safety movement
- Determining rights and responsibilities under Section 2 of the OSH Act
- The General Duty Clause – Section 5(a)(1), and 5(b)
- The 4 elements of an effective safety program
- Inspection priorities, citations, and penalties
- How to prepare and develop an action plan for an OSHA inspection
- Introduction to the OSHA General Industry Standards
- Walking working surfaces – Subpart D

## **DAY TWO**

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- Egress and emergency action plans – Subpart E
- Fire protection and prevention – Subparts E & L
- Identification and control of hazardous energy – Subpart J
- 4 key elements of the Lockout/Tagout Standard
- Electrical safety standards – Subpart S
- Introduction to industrial hygiene – Subpart Z and the critical differences between safety and health hazards
- An overview of the most common types of health hazards

## **DAY THREE**

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- The Hazard Communication Standard – (1910.1200)
- Outside contractors: What are your responsibilities?
- Bloodborne pathogens – Subpart Z (1910.1030)

- The Top 10 bloodborne pathogens violations
- What is all the fuss about ergonomics? (Previous standard 1910.900)
- The definition of confined spaces – Subpart J
- Flammable and combustible liquids – Hazardous materials Subpart H
- Workplace violence: OSHA's role in identification and prevention

## **DAY FOUR**

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- Personal protective equipment – Subpart I
- How to conduct a hazard assessment
- Machine guarding – Subpart O and the hazards of machinery
- Material handling and storage – Subpart N
- OSHA training and education requirements
- Medical services and first aid – Subpart K
- Safety and health programs (Foundation for Voluntary Protection Program)
- The advantages for your company of being a VPP work site

## **DAY FIVE**

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- The elements of an effective safety program
- Overview of behavioral safety
- Achieving – and maintaining – safety excellence
- Recordkeeping and reporting – (29 CFR, Part 1904)
- Creating an audit-proof recordkeeping system
- Mock OSHA inspection

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## **BRING THIS WORKSHOP ON-SITE:**

For more information, call our On-Site Training Department at **1-800-344-4613** or visit us on the Web at [www.NationalSeminarsTraining.com/onsitetraining.cfm](http://www.NationalSeminarsTraining.com/onsitetraining.cfm)

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# Show Your Organization's Commitment to Safety

**CREATE A HIGHER LEVEL OF AWARENESS THROUGHOUT YOUR ORGANIZATION AND ACHIEVE GREATER BUY-IN FOR ALL YOUR SAFETY INITIATIVES**

## Who Should Attend?

Any person with safety responsibilities will benefit from this all-inclusive training, including ...

- Safety managers and professionals
- Safety coordinators
- Facility managers
- Production managers
- Line supervisors
- Safety committee members
- Human resource personnel
- Business owners
- Supervisors and managers
- Plant managers
- Industrial engineers
- Leadmen
- Maintenance personnel
- Production engineers

## Can You Afford to Miss This Training?

*According to OSHA statistics, there were nearly \$160 MILLION in fines and penalties handed out in 2004 during approximately 100,000 inspections.*

When you've completed this course, you'll receive your 30-hour card from OSHA, signifying the highest level of commitment to safety and health in your organization. You'll be equipped to identify hazards everywhere in your company, create and maintain the highest-quality safety training programs for your employees, and minimize the financial impact of workplace safety issues for your company.

**Enroll today for this comprehensive training that can save you and your company hundreds of thousands of dollars down the line!**

## We're Inviting You to Attend the 30-Hour OSHA Compliance Course and Arm Yourself With the Skills and Information You Need to:

- Show both your employees – and OSHA inspectors – your organization's commitment to safety by earning your 30-hour outreach course completion
- Minimize your organization's exposure to costly penalties and fines
- Gain essential skills to assess the effectiveness of your overall safety programs and determine proper levels of compliance
- Reduce downtime and workers' compensation claims
- Identify valuable OSHA resources and network with other safety professionals

## Attending This 30-Hour Course Will Keep Your Company Healthy, Safe and Productive

The financial benefits of taking this 30-hour course can be staggering. Your work site will be safer and healthier, man-hours lost to injury and downtime will plummet and productivity will increase. Your insurance rates will reflect your commitment to safety and you'll be able to sleep better at night knowing that you're doing everything you can to protect your company from costly penalties for non-compliance.

## This Is Serious Training That Isn't Dry and Tedious

Sometimes getting highly technical training can be as exciting as watching paint dry. We promise that when you attend this training event, you won't just sit there getting a five-day lecture! We've packed these sessions with interactive exercises that will give you practical experience you can use immediately. Plus, you'll get a firsthand look at many of the resources and tools you'll need to create your own training back at work.

And, upon successful completion of this course, you'll receive your outreach course completion that shows your deep commitment to the safety and health of your employees.

## Act Now and Save Your Company From Expensive Fines

This 30-hour compliance course is the #1 way to keep your workplace safe and compliant and save you from costly fines. So even if you only use one strategy that saves your company from a compliance error — or an employee from a life-threatening injury — this program will more than pay for itself several times over. Don't wait another minute! **Call 1-800-258-7246 and enroll today. Or register online at [www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com).**

## 5 Key Benefits of Attending This Critical Training Event

1. Gain a thorough understanding of how OSHA works, violations that can affect your company and industry, and OSHA's process for dealing with accidents, illnesses and worker complaints.
2. Get up-to-the-minute information on the latest general industry changes in OSHA regulations and standards.
3. Use proactive safety-audit tools to significantly reduce – or possibly eliminate – the number of accidents and injuries in your workplace.
4. Assess your organization's level of compliance and shore up areas of weakness.
5. Know which resources to turn to for up-to-the-minute information on OSHA rules.

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### Exceptional Training – Guaranteed!

We understand that spending five days with us is a big investment. That is why we back this training with a 100% satisfaction guarantee. If you're not completely satisfied with your training experience, let us know and we'll refund your entire registration fee – no questions asked!

## TO ENROLL ...



Register online at  
[www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com)



Call toll-free  
**1-800-258-7246**



Fax the completed  
registration form to  
**1-913-432-0824**



Or mail the registration form to:  
**National Seminars Group**  
P.O. Box 419107  
Kansas City, MO 64141-6107

## Early Bird and Group Discounts!

To ensure you don't get locked out of this event, we're offering you an incentive to sign up right now! Enroll 30 or more days before the event date, and we'll take \$200 off your registration fee.

## REGISTRATION FORM

### 1. Names of Attendees

*(Please list additional registrations on a separate sheet and attach.)*

1. Mr./Ms. \_\_\_\_\_

Title \_\_\_\_\_ City/Event #: \_\_\_\_\_

E-mail Address \_\_\_\_\_

2. Mr./Ms. \_\_\_\_\_

Title \_\_\_\_\_ City/Event #: \_\_\_\_\_

E-mail Address \_\_\_\_\_

WHEN 3 ENROLL FROM YOUR ORGANIZATION, THE 4th ATTENDS FREE!

### 2. Company Information (Please Print) \*Phone required in case of last-minute changes.

Organization \_\_\_\_\_

Address \_\_\_\_\_

Mail Stop \_\_\_\_\_ \*Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Approving Supervisor: Mr./Ms. \_\_\_\_\_

Title \_\_\_\_\_

E-mail Address \_\_\_\_\_ \*\*Fax \_\_\_\_\_

\*\*Your fax number will be used to send confirmation of your registration as well as to notify you of upcoming events in your area and provide you with special discounts and offers available exclusively to RUCEC customers.

### 3. Method of Payment

If you have registered by phone, please record your confirmation number here  
\_\_\_\_\_

Check payable to National Seminars Group is enclosed. SD, CT and WV residents, please add applicable sales tax to your payment. If you are tax-exempt, enter your tax-exempt number here: \_\_\_\_\_ and attach a copy of your tax-exempt certificate.

Charge to:  MasterCard  VISA  American Express  Discover  Diners Club  
Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Bill my organization; Attn: \_\_\_\_\_ (Note: Full registration fee due and payable prior to start of workshop)

Our purchase order is attached (government, educational and health care organizations only)

### 4. Important: Your VIP Customer Number

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Fill in your VIP Customer Number as it appears above the name on the mailing label.  
(Record the number even if the label is addressed to another individual.)

### Enrollment Fees & Group Discounts

■ **Early Bird Fee:** Register 30 or more days prior to the event date: \$999 *(Save \$200!)*

■ **Standard Fee:** Register less than 30 days prior to the event date: \$1,199

**GROUP DISCOUNTS:** When 3 enroll from your organization, a 4th attends FREE!

**CANCELLATION:** If you cannot attend, you may send a substitute or receive a credit memo toward a future workshop. If you cancel your registration up to ten business days before the workshop, your registration fee will be refunded less a \$10 enrollment charge.

FED ID #43-1576558



## NATIONAL SEMINARS GROUP

P.O. Box 419107 • Kansas City, MO 64141-6107

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Rockhurst University Continuing  
Education Center, Inc.

**Time-Sensitive Material**

**We train over 20,000  
people on OSHA compliance  
and safety each year.  
We are pleased to announce  
our newest offering, the  
30-Hour OSHA Compliance  
Course.**

**If you're serious about OSHA and safety training – and  
knowing all the benefits that come with it for you and your organization –  
this is the one course you can't afford to miss.**

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