

**“If you want something that you’ve never had, then you must do something that you’ve never done ...”**

— Dr. Kimberly Ventus-Darks  
See page 2 for more...

*The National Seminars Training proudly presents one of the most exciting professional motivators and trainers of our time discussing one of the most important issues of all time!*

**Space is limited and demand is high – don’t risk missing out!**

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or call 1-800-258-7246.**

Dr. Kimberly Ventus-Darks presents:

# Communicating WITH CONFIDENCE, Credibility & Influence

**from the Professional Women’s Empowerment Tour**

One of the best-loved trainers of our time, Dr. Kimberly Ventus-Darks brings warmth, wisdom and real-world solutions to her unforgettable training sessions. Whether she makes you laugh or makes you cry – and quite possibly both – you’ll never forget the day you spent with Dr. Kim.

(Learn more about Dr. Kim on page 5.)

**“Exhilarating” “Spellbinding” “Unforgettable” “Life-changing”**

... that’s how audiences around the world describe the incredible power of the Dr. Kim experience!

Now you have the rare opportunity to see Dr. Kim in person and allow yourself to be swept away by the emotional high of a lifetime.

Come together and celebrate with other women like yourself in an exhilarating journey for your mind and spirit. After spending one day with Dr. Kim, we guarantee you will never be the same!

 **National Seminars**  
TRAINING

“Motivating, fun, touching ... I would definitely recommend this program to others.”

— Kathy Doubelk

“Today was absolutely wonderful ... it lifted my spirit and gave me power and energy to feel more confident.”

— Alisa Cianfrani

“Dr. Kim - you are FANTASTIC and so invigorating! I love listening to you. Thanks for all your wisdom.”

— Allison Wyttenbach

“I just loved it! Very empowering!”

— Tina Lynch

“Today was a day that reminded me that life is too grand to go through without joy ... Dr. Kim has given me the map to find it and live it!”

— Bianca Fordlink

“Dr. Kim - you will never be forgotten, nor will the light which you ignited within me. You are truly awesome and full of confidence, love and joy. I'll be back for more - I can't stop telling people about you.”

— Shelly Fransins

# Join us for an unforgettable journey in **COMMUNICATING** with **greater confidence with Dr. Kim...**

DEEPLY MOVING AND PROFOUNDLY WISE, Dr. Kim has inspired thousands of professionals to embrace change and take their lives in bold new directions. So if you're ready to stand up, be heard, be respected, and become the confident, capable communicator you've always wanted to be ... Dr. Kim will put you on the path toward living the life of your dreams.

## **Only you can choose to change your life**

Dr. Kim's genius – her gift – is in motivating and inspiring professionals like you to think in extraordinary new ways and to make changes necessary for living a richer, fuller life.

## **But the choice to change is up to you. The crucial first step is to make a commitment right now to attend this event.**

Once you embark on this transformational journey with Dr. Kim as your guide, you will never again look at how you interact with others in quite the same way. She'll broaden your perspective, expand your mind and show you how to see possibilities where others see only obstacles and problems.

## **“The Dr. Kim experience” will sweep you away!**

To fully understand the rich intensity of “The Dr. Kim experience” – you have to witness it for yourself! Expect an exhilarating learning adventure where laughter rebounds off the walls and the excitement builds ... and builds ... and builds. Her memorable insights could fill a book of quotations, and every word rings with uncompromising wisdom and truth.

A commanding physical presence with a refreshingly bold style, Dr. Kim pumps up the room with enough positive energy to raise the roof. She is genuine, she is warm, and she is an unstoppable force to be reckoned with! Spending a day with Dr. Kim is a one-way ticket to enormous personal and professional growth.

## **Communication skills are just the beginning**

In **Communicating With Confidence, Credibility & Influence**, Dr. Kim takes you far beyond what you'd normally cover in a traditional communications program. With her trademark no-nonsense approach, she demonstrates simple but remarkably effective techniques and responses for communicating with greater confidence and dealing with difficult people. You'll learn how to find your true voice, how to speak up and be heard, how to resolve conflict quickly and how to stay calm and focused in a variety of tough situations.

Thanks to Dr. Kim's keen observations into what makes people do the things they do, you'll stop taking the comments and behaviors of others so personally – and stop wasting your precious time and energy on people who don't really matter to you. What's more, you'll discover how to teach people to treat you with the respect you deserve from now on.

## **Relax! Refresh! Rejuvenate!**

This event is not only empowering, exciting and fun, but it's guaranteed to have a rejuvenating effect on you. Just imagine how relaxed and refreshed you'll feel after an inspiring day away from ringing phones, office pressures,

looming deadlines and on-the-job frustrations – a day spent learning and laughing, enjoying great camaraderie with professional women just like you.

When you attend this program, you'll get the unprecedented opportunity to step back and really reflect, to look at where you are and where you want to go. This celebrated motivational expert will help you envision the life you've always wanted and will put you on a path that will lead you to greater success, prosperity and peace of mind.

## **The chance of a lifetime to hear Dr. Kim in person**

The Professional Woman's Empowerment Tour is attracting sell-out crowds as word of mouth about Dr. Kim's extraordinary message spreads across the country. She is quickly earning the same spectacular reviews internationally that she enjoys in the United States, which means the chance to hear her in your city may not come again anytime soon.

Don't run the risk of missing a life-changing day with a highly renowned motivator who'll leave you forever changed. Take this important step, and make the commitment to embrace a confident new way of communicating, to live a richer, fuller life – and to be the person you've always dreamed of becoming!

Reserve your seat **RIGHT NOW!**  
Enroll online at  
[www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com)  
or call 1-800-258-7246.

## **YOU'LL LOVE THIS EVENT – IN FACT, WE GUARANTEE IT!**

Dr. Kimberly Ventus-Darks has inspired audiences across the country with her uncompromising wisdom and has trained thousands of professionals like you in how to communicate with greater confidence and to live a richer life.

What's more, she's one of the most beloved speakers in the history of the National Seminars Training – an exceptional motivator you'll never forget. We're so positive you'll be absolutely delighted with the insight you'll gain from this program that we stand behind it with our 100-percent guarantee. If you're not completely satisfied with your day of learning with Dr. Kim, we will refund your entire enrollment fee. Guaranteed!

## **ATTEND WITH A TEAM AND SAVE**

This training is just too good to keep to yourself! So, bring some friends and you'll save: When 3 enroll from your organization, a 4th attends free.

## **WE CAN EVEN BRING THE TRAINING TO YOU**

Interested in bringing this training to your company? Visit our website at [www.NationalSeminarsTraining.com/on\\_sitetraining.cfm](http://www.NationalSeminarsTraining.com/on_sitetraining.cfm) or give our professional training consultants a call at 1-800-344-4613.



“Dr. Kim is a powerhouse! Her energy is electrifying!”

— Rachel Polisher

“Wonderful!! Wonderful!! I feel energized, moved and inspired!!”

— Erlinda Clamor

“Every woman should come to this program. Dr. Kim is amazing and lets us all know that anything is possible if we try.”

— Melissa Farshen

“This was the most inspirational seminar I've ever attended.”

— Katie Garefte

“What an excellent, exhilarating experience! Incredibly unplifitng ... a wonderful learning experience.”

— Ana Urbano

“Outstanding! Terrific! Makes you think about who you are and who you want to become.”

— Crystal Burnett

“Dr. Kim is AMAZING! After today, I will truly LIVE!!”

— Melody Remular

# “Wonderful. Life-Changing. Eye-Opening. Totally Worthwhile!”

— B.J. Lamb

## 25 Incredible BENEFITS of Attending

Spend just one **AWE-INSPIRING DAY** with Dr. Kim, and you'll ...

- 1 Communicate like a pro, with confidence and self-assurance.
- 2 Stop giving unimportant people in your life the same energy and emotion you should reserve for those dearest to you.
- 3 Develop greater confidence and inner strength.
- 4 Master the top communication secrets successful people share.
- 5 Communicate more assertively to get what you want at work and at home.
- 6 Release emotional baggage that's been holding you back.
- 7 Say "no" without ever having to say the word "no."
- 8 Leave a lasting positive impression with your influence and finesse.
- 9 Deal effectively with back-stabbers and gossips.
- 10 Find your true voice; speak up and be heard.
- 11 Be ready with step-by-step comebacks when you're verbally challenged.
- 12 Never again allow yourself to be hurt or angered by people or situations that don't matter.
- 13 Know the secret for getting your complaints across without complaining.
- 14 Get people to be more direct with you so you won't have to second-guess them.
- 15 Learn how to stop taking things so personally.
- 16 Banish negativity from your life – or at least minimize contact.
- 17 Get a trouble-maker off your back immediately.
- 18 Stop tears, anger, anxiety and other unwanted emotions – instantly.
- 19 Deal effectively with a verbally abusive supervisor.
- 20 Keep your reactions to conflict in check, rather than getting angry or emotional.
- 21 Handle difficult workplace situations tactfully, with greater ease and less stress.
- 22 Recognize the truth about people who are routinely rude to you and know how to put an end to their behavior.
- 23 Never again dread communication situations that could turn unpleasant – you'll be prepared to handle anything.
- 24 Spend a rejuvenating day of self-discovery where the focus is on you.
- 25 Dare to dream with your eyes wide open by fully imagining the life you want.

## Meet Dr. Kimberly Ventus-Darks

A **one-woman emotional typhoon** who is taking America by storm, Dr. Kimberly Ventus-Darks inspires awe as she shares her wisdom with professionals around the globe.

**President of her own communications business**, author, internationally renowned speaker, wife and mother, adjunct faculty member for four colleges, magazine advice columnist, national life strategist and former local TV talkshow host — she's all that and so much more. From Honolulu to Boston and Green Bay to Tampa Bay, she has captivated audiences with her larger-than-life personality, bold style and no-nonsense approach to assertive communication, dealing with difficult people and resolving conflict.



**“Dr. Kim,” as she is affectionately known**, is a communications expert sought out by clients like Walt Disney, AT&T, Lucent Technologies, the State of Michigan, Army Corp of Engineers and dozens of others. Founder and president of Ventus-Darks Communications, she has coached thousands of people in personal and professional development topics. Her popular motivational CD, *If I'm So Special Why Do I Feel Ordinary?*, followed her debut audiocassette, *Release It and Let It Go*, and her popular *No More Chains: the Real You - Getting It Back*.

**Holding a doctoral degree** in interpersonal communication and administration from Union Institute, she is also degreed in business administration and has taught literature, English and public speaking on the college level. Her articles have been published in numerous national magazines and other publications, and she was a contributing author to the celebrated book, *Wit and Wisdom From the Buppie Club*.

**Warm, funny and deeply moving**, Dr. Kim has quickly become hugely in demand as a speaker, packing in eager crowds wherever she speaks. She was recently honored with an invitation to speak in South Africa, where she will be a presenter for Nelson Mandella.

**Profoundly wise and an exceptional motivator**, Dr. Kim is a commanding presence who connects with audiences in a way most speakers only dream of. Her empowering sessions are often described as “life-changing” and “transformational” as she encourages you to think in extraordinary ways — and to dare to take your life in bold new directions.

**One of the NBLA's best-loved trainers**, she'll make you laugh and make you cry with her uncompromising insight. Prepare for an exhilarating learning adventure you'll never forget with the inimitable Dr. Kim!

“What an outstanding speaker! A lot of what Dr. Kim said was common sense, but things you forget until someone lays it out for you. I gained a ton of incredibly valuable information from her.”  
— Spring Davis

“Hearing Dr. Kim is very uplifting ... I will come back to see her again and again!”  
— Debbie Artman

“Dr. Kim is a vibrant speaker. She truly believes in what she talks about.”  
— Lori Lang

“Relaxing ... funny ... educational ... motivational ... inspiring. I really had a GREAT day!”  
— Margaret Hardy

“I loved Dr. Kim!!! She adds so much flavor and makes learning and listening a joy. Her comments and words of wisdom leave a lasting impression.”  
— Merrie Bayard

“This conference was better than Calgon ... it really 'took me away!'”  
— Shanika Donaldson

“What a wonderfully informative program. Never before have I gotten such a great feeling from attending a seminar. Spectacular!”  
— Kim Kaypat

“Informal, comfortable and so much FUN! I leave this conference with far more confidence than when I came in this morning. I loved it!”  
— Shirley Haney

“Dr. Kim gives great, practical examples of how to deal with tough workplace challenges.”  
— Nicole Waters

“Dr. Kim is funny and informative and touched on so many things that I was interested in ... the whole day was fun!”  
— Cathy Dodge

# ATTEND UNLIMITED SEMINARS FOR AN ENTIRE YEAR FOR ONLY \$299

And that's just for starters! With your STAR12 All-Access Pass, you get UNLIMITED access to ...

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- ★ STAR12's prestigious Online Certification programs

And more!

Purchase your STAR12 All-Access Pass today and you can attend **Communicating With Confidence, Credibility & Influence** for FREE!

**"STAR12 is SO worth the money ... you'd be crazy not to take advantage of this offer!"**  
- L. Steadford, Houston, TX

Get Your STAR12 All-Access Pass online at [www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com) or call 1-800-258-7246.



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To Enroll



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or call toll-free 1-800-258-7246



or fax the completed registration form to 1-913-432-0824



or mail the registration form to:  
National Seminars Training  
P.O. Box 419107  
Kansas City, MO 64141-6107

### Registration Information

**Our Registration Center** is open weekdays from 7 a.m. to 7 p.m. CST. Enrollments taken online 24/7.

**Group Discount:** When 3 enroll from your organization, a 4th may attend for FREE!

**Check-in** begins at 8:30 a.m. The workshop schedule is 9 a.m. to 4 p.m. Lunch is on your own.

**Cancellation:** If you cannot attend, you may send a substitute or receive full credit toward a future enrollment. For cancellations made 5 or more business days before the event, you may request a refund less a \$10 enrollment fee. For enrollments made in conjunction with a STAR12 purchase, STAR12 cancellation rules apply - visit the Information Center at [www.NationalSeminarsTraining.com](http://www.NationalSeminarsTraining.com).

**CEUs:** Continuing education credit may be recognized by your professional board. Contact your own board to find out what's required. Call our CEU/CPE specialist at 1-800-258-7246, ext. 3100, if you have any questions.

**Tax Deduction:** The expense of continuing education, when taken to maintain and improve professional skills, is tax deductible. Please contact your accountant for complete details.

### REGISTRATION FORM

Seminar Schedule

#### 1. Enrollment Fees:

Group Discount: When 3 enroll from your organization, a 4th attends FREE. Group discounts apply to seminar registrations only, and cannot be used for STAR12 memberships.

**The STAR12 All-Access Pass - Only \$299**



Your STAR12 All-Access Pass entitles you to unlimited access to all STAR12 seminars, webinars, online courses, and more for 12 months. Use your STAR12 All-Access Pass to attend **Communicating With Confidence, Credibility & Influence** for FREE!

#### 2. Names of Attendees (Please Print)

(Please list additional registrations on a separate sheet and attach.)

- Mr./Ms. \_\_\_\_\_ Title \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
City/Event #: \_\_\_\_\_
- Mr./Ms. \_\_\_\_\_ Title \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
City/Event #: \_\_\_\_\_
- Mr./Ms. \_\_\_\_\_ Title \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
City/Event #: \_\_\_\_\_

#### 3. Company Information (Please Print)

\*Phone required in case of last-minute changes.

Organization \_\_\_\_\_  
Address \_\_\_\_\_ Mail Stop \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Approving Supervisor: Mr./Ms. \_\_\_\_\_

E-mail Address \_\_\_\_\_

\*Phone \_\_\_\_\_

\*\*Fax \_\_\_\_\_

Sign here \_\_\_\_\_

\*\*This fax number will be used to send confirmation of your registration as well as to notify you and your organization of upcoming events in your area and provide you and your organization with special discount offers. By signing, you and your organization are giving permission for RUCCEC to use your fax number for these purposes.

#### 4. Method of Payment

- If you have registered by phone, please record your confirmation number here:  
\_\_\_\_\_
- Check payable to National Seminars Training is enclosed
- Charge to:  MasterCard  VISA  American Express  Discover  Diners Club  
Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_
- Signature \_\_\_\_\_
- Bill my organization; Attn: \_\_\_\_\_  
(Note: Full registration fee due and payable prior to start of workshop)
- Our purchase order is attached (government, educational, and health-care organizations only)

#### 5. Important: Your VIP Customer Number

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Fill in your VIP Customer Number as it appears above the name on the mailing label. (Record the number even if the label is addressed to another individual.)

SD, CT and WV residents, please add applicable sales tax to your payment. If you are tax-exempt, enter your tax-exempt number here: \_\_\_\_\_ and attach a copy of your tax-exempt certificate.

**Program hours: 9 a.m. to 4 p.m. Registration begins at 8:30 a.m.**

VIP #919-118101-001

The National Seminars Training proudly presents an extraordinary learning adventure with one of the best-loved trainers of our time ...

*Mere words can't sufficiently describe how truly special a learning experience with Dr. Kim is ... but those touched by Dr. Kim's profound wisdom and warmth find words that come close ...*

# Communicating WITH CONFIDENCE, Credibility & Influence

WITH **Dr. Kimberly Ventus-Darks**



"I attended your conference three months ago and have not been the same since. I have never been so motivated by a speaker – ever! I'll be back!!"

— Sandy Horvat

"Never have I attended a conference where the speaker was so motivating! Dr. Kim – you are gifted and have changed my life."

— Nancy Finley

"Wonderful! I will be telling every woman I know that they should look for you next time you're in town!"

— Laura Totten

"Dr. Kim was the best speaker I've ever had the pleasure of listening to."

— Tani Schreiber

"Exquisite! Dr. Kim's presentation, while unusual, provided me with real stuff I can take to my workplace. Wow! Wow!! Wow!!!"

— Krissy Masten